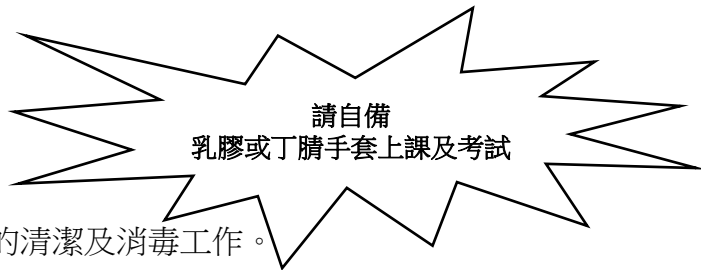


上課及考試安排指引



請自備
乳膠或丁腈手套上課及考試

香港聖約翰救護機構已安排加強對所有課室及訓練儀器的清潔及消毒工作。

所有參與香港聖約翰救護機構課程/考試的人士，須遵守以下之預防措施：

進入課室/考試場地

1. 建議有呼吸道感染徵狀（例如：咳嗽、氣促等）的學員正確地戴上自備的外科口罩。
2. 如在上課/考試期間有任何不適，須即時向講師/考試主管報告。
3. 在進行實習課/實習考試前，須按講師/考試主管指示使用 70-80%酒精搓手液清潔雙手，以及配合其他防疫措施。在進行實習課/實習考試期間，應戴上自備的乳膠或丁腈手套，以避免直接身體接觸。如有需要，可向講師/考試主管索取（數量有限）。

其他安排

4. 在進行心肺復甦法實習/考試時，將以口述代替進行「口對口人工呼吸」步驟（不用吹氣），其他程序則維持不變。
5. 所有用過的口罩/手套須棄置於有蓋垃圾桶內。

齊心遵守以上預防措施，以儘量減低感染和傳播病毒的風險，多謝合作！

如有疑問，請致電 2530 8020-24 與救傷會職員聯絡。

香港聖約翰救傷會

2023 年 3 月 1 日

Guidelines for Course/Examination Participants

HKSJA has arranged to clean and disinfect all classrooms and training equipment on a regular basis upon resumption of courses/examinations.

All persons should follow the following precautionary measures when attending course/examination organised by HKSJA:

Entering into Classroom/Examination Venue

1. Participant with respiratory symptoms (e.g. cough, shortness of breath etc.) should wear a mask properly.
2. Report to the lecturer of the class/officer-in-charge of the examination immediately if feeling unwell during the course/examination.
3. Use 70-80% alcohol-based handrub to disinfect both hands, and follow all other preventive measures according to the instruction of the lecturer/examiner before each practical session. Bring and wear your own latex or Nitrile gloves (limited supply can be provided by the lecturer of the class/officer-in-charge of the examination upon request, while stock lasts) to avoid direct body contact.

Other Arrangements

4. When conducting CPR training/practical examination, while most practical procedures will remain unchanged, there is no need to do mouth-to-mouth rescue breaths. You are only required to state out the application of this procedure.
5. All used surgical masks or gloves should be disposed into lidded rubbish bin.

Please follow the above precautionary measures to prevent the spread of Virus. Thank you for your cooperation. If you have any enquiries, please contact us at 2530 8020-24.

Hong Kong St John Ambulance Association
1 March 2023